



## GOTHENBURG PUBLIC SCHOOLS

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# Gothenburg Cross Country Invite COVID-19 Protocols

October 1, 2020

## PARTICIPATING TEAMS

- Temperatures will be taken before departing each day and documented for all team personnel.
- All athletes, coaches, and fans are required to wear a face covering that covers their nose and mouth at all times while on the premises of Wildhorse Golf Course.
- During the “warm up”/course walk thru prior to the meet—please have athletes wear the mask unless they are jogging or running.
  - The starting line area will have two different lines to keep teams distanced until the start of the race. **Please wear masks until teams are lined up with proper spacing within teams to allow for safe run outs and start line up.**
  - **Suggestion #1: Athletes wear masks on their arms when they run.**
  - **Suggestion #2: Athletes put their mask in a plastic “sandwich” bag at the start line and leave the masks behind them in their team starting box. A team coach or manager could then collect their team’s masks after the start.**
- Please keep your team in close vicinity of your team’s “camp site” throughout the meet. If they are cheering on teammates along the course, please make sure they are wearing their masks. Please emphasize to your team the importance of socially distancing themselves from other teams when not competing. We’re trying our hardest to mitigate the risk of having a quarantine situation take our teams out of competition for 14 days.
- Finish Line Chute: Please inform athletes to continue to move through the line to exit and return to the team camp site. **Each school MUST provide one adult to assist any athlete from their school that is in need of assistance (for example, helping him/her up, moving him/her quickly through the chute towards camp, etc.).** Tabs will not be pulled from the bib but instead video/chip system will record placings.
- Restrooms: Portable Restrooms will be available near the finish line area. Athletes are not allowed in the clubhouse.
- Water: Instead of water jugs available to all schools, we will provide bottled water for your athletes and coaches. Each school is responsible for bringing their own coolers of ice if you want the water cooled. Your coaches/athletes will pick up their cases of water upon check-in and carry back to your camp. We will also give each team 2-3 black trash sacks and expect each team to clean up their own camps at the end of the day. Please bring the filled trash sacks to a central location.
- Awards: The medalists will be announced but there will not be a medal ceremony. We will ask coaches to collect their medal packets at the completion along with the results. Results will also be emailed to AD’s, coaches, and local media outlets at the conclusion of the event.

- Refreshments: None will be provided.
- No pre-race and post-race handshakes/high-fives/fist bumps.
  - Sportsmanship can still be shown between teams without physical contact.
- Teams are responsible for bringing their own hand sanitizer for their team.

## **SPECTATORS**

- All individuals are required to wear a face covering that covers their nose and mouth when unable to social distance.
- All individuals are expected to conduct a self-screen prior to coming to the event.
  - If you are ill, please do not attend.

## **TEAM MEALS**

- Team meals will NOT be allowed on the Wildhorse Golf Course or near the clubhouse.

## **ENTRANCES/EXITS**

- Spectators will enter at the main entrance and be given a ride on golf carts to the clubhouse area.
- Face coverings are required when entering the area.
- Spectators should maintain an arm's length physical distance and avoid congregating at all times.
- At the conclusion of the meet, we ask everyone to leave the facility. Thank you for your cooperation.
- Spectators should not congregate on the course or near the clubhouse.

## **TICKET TAKERS**

- All event staff are required to wear face coverings.
- Gloves will be worn when handling money.

## **EVENT PERSONNEL**

- All event staff are required to wear face coverings.
- Physical distancing in work areas (head table)
- Promote physical distancing of spectators and compliance of protocols.

## **MEDIA**

- Media personnel are required to wear face coverings at all times.
- Media personnel must maintain physical distance from other spectators.
- NSAA media credentials are required to be on.
  - We will accept 2019-2020 NSAA credentials and 2020/2021 NSAA Media Credentials.

Thank you for your cooperation and understanding with our COVID-19 protocols and keeping each other safe during our Cross Country Invite. Best of luck to all teams!

Thanks,

Marc Mroczek  
Activities Director  
Gothenburg Public Schools