

# FILLMORE CENTRAL ATHLETIC DEPARTMENT

## HOME OF THE PANTHERS

*Excellence, Responsibility, and Life-Long Learning*

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### **COVID-19 Cross Country Protocols**

*The following protocols have been developed based on the most recent information from the NSAA, local DHM's and the CDC. All guidelines are subject to change on short notice.*

#### **Fans and Spectator Guidelines**

- Masks are highly recommended when social distancing is not possible.
- We understand that the finish line is an area where many people want to congregate. Please do your best to social distance and stay safely away from the finish line.
- Hidden Hills Country Club will not be open, but we will have Portable Toilets on site.

#### **Competing Team Guidelines**

- Masks are highly recommended when social distancing is not possible.
- No camps should be set up on tee boxes or greens.
- No one should be in the finish chute other than the finishing runners.
- Competing runners should exit the chute as soon as you are finished running.