



McCook High School
Freshmen Volleyball Quadrangular
Thursday, September 17 2020

To: Head Volleyball Coaches Gothenburg, Hershey, McCook, and Ogallala
From: Darin Nichols, Activities Director
Re: Volleyball Quad

2 Gym Sites

High School 600 West 7th Street

Junior High School 800 West 7th Street

**Match #1 McCook vs Gothenburg at 4:00 in High School
Hershey vs Ogallala at 4:00 in Junior High**

**Match #2 McCook vs Ogallala at 5:00 in High School
Hershey vs Gothenburg at 5:00 in Junior High**

**Match #3 Hershey vs McCook at 6:00 In High School
Gothenburg vs Ogallala at 6:00 in Junior High**

Scoring: Matches will be played best 2 out of 3 first two to 25, 3rd set to 15

Entrance &

Bus Parking: Please have your buses park on the south side of the High School in the high school/YMCA parking lot or on the street. Coaches and players may enter from the east side or south side of the high school building. For the junior high--buses may either park on the north or south side of building.

Lockers: Teams will share locker rooms in high school or junior high.

Warm-up: The warm up will be 16 minutes.

Admission: Adults - \$3.00
Students- \$2.00

McCook Schools is look forward to your arrival. If you have any questions please contact me at (308) 345-5733

Please Email rosters to dnichols@mccookbison.org or cdugger@mccookbison.org

Covid Information

Fans

- Individuals are expected to conduct a self-screen prior to coming to the event.
- All individuals are encouraged to wear a face covering
- Individuals must attempt to maintain an arm's length physical distance and avoid congregating.
- Fans will need to sit in the areas on the bleachers that are not marked to socially distance themselves from others. If bleachers are not marked please sit 6ft away from other groups.
- Seating for McCook fans will be on the south side of the high school gym only
- Seating at the Junior High—McCook fans will be located on the stage
- Visiting fans will be located on the west side unless unable to use stairs then they may sit on the east side stage
- Restrooms for all fans will be located at the northeast corner of the gym area. We do not have separate restrooms. In the Junior High Restrooms are in the main hallway outside the offices.
- Hand sanitizing stations will be available.
- The high school games can be viewed online at **McCookBison.tv**
- At the conclusion of the contest, all spectators should exit the facility quickly. Athletes and spectators will not be allowed to meet in the facility.

TEAM Information

- Face coverings will be encouraged to be worn all team members when entering the building and when practicable.
- Face coverings will be worn by all coaches when unable to socially distance.
- Athletes will wear face coverings in locker rooms.
- Team Personnel are only allowed on the bench.
- Team members should have appropriate physical distancing on team benches.
- Team members should have designated spaces for their personal belongings.
- Each athlete and coach will bring their own water bottle.
- Students should not share towels, shoes, equipment, or any clothing.
- No pre-game and post-game handshakes/high-fives/fist bumps. Sportsmanship can still be shown between teams without physical contact.