



COZAD ATHLETIC DEPARTMENT

Cozad High School
1710 Meridian Avenue
Cozad, NE 69130

Phone: (308) 784-4744

Fax: (308) 217-4505

Athletic Director: Jeremy Yilk

jeremy.yilk@cozadschools.net

Activities Secretary: Roxanne Reyes

roxanne.reyes@cozadschools.net

TO: Jeff Ellis; AD Broken Bow, Marc Mroczek; AD Gothenburg High School, Scott Schoneman; AD Holdrege High School; Phil Truax; AD Lexington High School, Darin Nichols; AD McCook High School, Ed Rowse; AD Minden High School, Scott Rezac; AD Ogallala High School

FROM: Jeremy Yilk; Activities Director Cozad High School

SUBJECT: Cozad 7th & 8th Grade Track and Field Invitational

Date: Thursday, May 6th, 2021

Location: Haymaker Stadium; Cozad, NE

Schedule:
2:00 PM: Coaches Meeting (Scratches @ This Time)
2:30 PM: **Girls Pole Vault - followed by- Boys Pole Vault**
3:00 PM: First Session Field Events Start
4:00 PM: Running Events Start on Track

Entries: **Will be made online at Athletic.net:**

- Locate **Cozad MS Invite** on your team's main Track & Field page and click on the meet name.
- Click "**Register Athletes**"
- Click on an event name, or athlete name to begin registering
- Choose the correct division to enter athlete in
- Entries will be saved automatically.
- Use the "**Add an Athlete**" buttons to add athletes to your roster if needed.
- **Three Entries Per Event / Per School / Per Division**
- **Three Events Per Athlete (Not Including Relays)**
- **One Relay Team Per School / Per Division**
- **Entries are due by 2:00 PM on Thursday, May 6th.**
***ONLY scratches will be permitted after this time.**

Fee: \$100.00 per Participating School; Make checks payable to Cozad Community Schools

Divisions: 7th Boys Division & 8th Boys Division
7th Girls Division & 8th Girls Division

Awards: Ribbons will be awarded for 6 places in each division.
Plaques will be awarded to the Boys and Girls 7th & 8th combined champions.

Scoring: Individual Event 10 - 8 - 6 - 4 - 2 - 1
Relays 10 - 8 - 6 - 4 - 2 - 1

Final Results will be emailed to schools immediately following the meet and uploaded to Athletic.net. Results will be updated throughout the meet and will be online at this link:
bit.ly/MSInvite2021

Notes: All Field Events = 3 Attempts; NO FINAL
Running Events will be FINALS ONLY

Admission: Admission is \$3.00 for ADULTS AND \$2.00 for STUDENTS.
Coaches and bus drivers will be admitted free of charge
School Administrators admitted free of charge; Please ID Self

Facilities: Locker rooms are not available. Please dress at home. Restrooms are located under the stadium and port-a-potties North of visitor bleachers. ONLY ATHLETES AND COACHES ARE ALLOWED ON THE FOOTBALL FIELD. PARENTS AND FANS MUST REMAIN BEHIND THE FENCE AT ALL TIMES!

Teams: Broken Bow - Cozad - Gothenburg - Holdrege - Lexington - McCook - Minden - Ogallala

Team Camp: Tents may be used only in the grass area located on the north and northeast side of the track.
ABSOLUTELY NO TENTS OR CAMPS ON THE FOOTBALL FIELD.

COZAD 7th & 8th GRADE INVITATIONAL ORDER OF EVENTS (5.6.21)

| 3:00 FIELD EVENTS (PV @ 2:30 PM) | FOLLOWED BY: |
|---|--|
| 7th Boys (South) & 7th Girls (North) Shot Put | 8th Boys (South) & 8th Girls (North) Shot Put |
| 8th Boys (West) & 8th Girls (East) Discus | 7th Boys (West) & 7th Girls (East) Discus |
| 7th & 8th Girls Long Jump (East Pits) | 7th & 8th Girls Triple Jump (East Pits) |
| 7th & 8th Boys Long Jump (West Pits) | 7th & 8th Boys Triple Jump (West Pits) |
| 7th & 8th Girls Pole Vault (2:30 Start Time) | 7th & 8th Boys Pole Vault |
| 7th & 8th Girls High Jump (East) *SAME TIME* 7th & 8th Boys High Jump (West) | |
| 4:00 RUNNING EVENTS (ROLLING TIME SCHEDULE) 7th Grade Precedes 8th Grade | FOLLOWED BY: (ALL FINALS AGAINST TIME) 7th Grade Precedes 8th Grade |
| Girls 3200 Meter Relay *Run Together* | Boys 3200 Meter Relay *Run Together* |
| Girls 100 Meter High Hurdles (30") | Boys 100 Meter High Hurdles (33") |
| Girls 100 Meter Dash | Boys 100 Meter Dash |
| Girls 1600 Meter Run | Boys 1600 Meter Run |
| Girls 400 Meter Relay | Boys 400 Meter Relay |
| Girls 400 Meter Dash | Boys 400 Meter Dash |
| Girls 200 Meter Low Hurdles (30") | Boys 200 Low Hurdles (30") |
| Girls 800 Meter Run | Boys 800 Meter Run |
| Girls 200 Meter Dash | Boys 200 Meter Dash |
| Girls 1600 Meter Relay | Boys 1600 Meter Relay |

FIELD EVENT PROCEDURES

HIGH JUMP: Starting heights: Girls: 3'6" Boys: 4'2" (or based on entries)
POLE VAULT: Starting heights: Girls: 5'0" Boys: 6'0" (or based on entries)
FIELD EVENTS: Shot, discus, long jump, and triple jump: 3 attempts – No Finals

MARKERS

Use tape for high jump. For the long jump, triple jump, and pole vault, use runway markers only.

FIELD EVENT LOCATIONS

DISCUS is located on the practice field to the north of Haymaker Stadium. SHOT PUT is located on the southwest side of Haymaker Stadium. POLE VAULT is located on the west side of the football field. HIGH JUMP is located on the north side of Haymaker Stadium. LONG/TRIPLE JUMP is located on the southeast side of Haymaker Stadium.